

THE NEW BRUNSWICK
COLLEGE OF
FAMILY PHYSICIANS



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU NOUVEAU-BRUNSWICK

A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA
UN CHAPITRE DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA

THE NEW BRUNSWICK
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FAMILY PHYSICIANS

ANNUAL REPORT 2021-2022



MISSION

Empowering Family Physicians of New Brunswick by promoting our role as pillars in the health system, providing continued education and advocacy to value and recognize our distinct contributions to society's well-being.

VISION

Improving the well-being of New-Brunswickers through the leadership of Family Physicians.



PRESIDENT'S MESSAGE

Two years have already gone by since the beginning of my presidency, two years in which the importance of having a connected and supportive community has never been more evident. Since the beginning of my mandate, we have continued our work in the areas of governance, strategic planning and development, and have undergone board governance training to ensure we are efficient and follow best practices in our mission to serve our members.

To better understand Chapter needs and our members' concerns, we have aligned ourselves with strategic experts. The responses to our surveys told us our members want more representation, education, and, most importantly, communication. This was our starting point for developing a meaningful organizational vision and mission, which were the founding principles of our strategic and operational plans. We worked closely with the provincial task force on health reform in addition to serving on the Family Medicine Specialty Council of the New Brunswick Medical Society.

As we enter this exciting next phase, I am convinced we have the tools and are equipped to address the challenges we face. I would like to sincerely thank the members of the Board for their continuous hard work during a mandate marked by so much uncertainty.

Thank you to the members for their dedication to our profession. I truly believe that, together, we can empower family physicians in our province.



DR. GHISLAIN **LAVOIE**

PRESIDENT-ELECT'S MESSAGE

When I joined the NBCFP Board of Directors in 2016, I never imagined I would become President.

The past two years have been marked by inspiring change. Our Chapter worked hard this year toward building fundamental pillars and renewing focus on our mission.

Among our many restructuring and optimization efforts, we reviewed the composition of our Board of Directors and are working on establishing a recruitment and succession plan.

The next few months will see the implementation of our newly developed operational and communication plans and we will be working toward establishing an adaptive communication calendar that will keep you informed of your provincial Chapter's efforts. Newsletters, social media platforms, and articles in the news section of the website are some of the ways in which we will communicate our successes and challenges going forward. We are continually working on the functionality of our website, while maintaining the standard of professionalism expected from the College.

It has never been so exciting to be involved with the College: the opportunities are endless. I feel enormous pride when I look at all the work we have accomplished, and it is with this same pride that I anticipate the start of my mandate.

On behalf of the Board of Directors, I would like to thank Dr. Ghislain Lavoie for his dedication over the past two years, as well as all of our members who give us the confidence to represent them. I look forward to collaborating with you.



DR. KARINE **BOULAY**

ADMINISTRATIVE ASSISTANT'S MESSAGE

As soon as I was hired in June 2020, I quickly understood that the New Brunswick College of Family Physicians (NBCFP) did not lack ambition, but rather some organizational guidance.

After initiating the strategic planning process, we established a document classification system, moving from a paper-based system to being fully cloud based. By doing this, we reduced operational costs and increased the efficiency of existing resources. This technological shift was also essential in order to adapt to the health restrictions relating to the COVID-19 pandemic.

In addition to revamping our website to make it easier to navigate, all documents, work packages, application forms for the various awards, and content were revised and updated. This enabled us to reinvigorate the aesthetics of the site. Over the next few months, we plan on integrating an event calendar where members will find accredited continuing professional development activities, conferences, and meetings at the College of Family Physicians of Canada, as well as highlighted events such as Family Doctor Day and the Annual Meeting of Members.

And that's just the beginning! With the implementation of our various organizational tools and increased management support, the NBCFP has the wind in its sails. We have defended the values of the family physician throughout these difficult times. I am grateful for the trust shown in the NBCFP by our members.

Looking toward the future, we emerge from this pandemic even more resilient, aligned, and determined than ever before.



DOMINIQUE **GAGNON**

ACHIEVEMENTS

We held our first virtual *Family Medicine Conference*, which offered 4 free Mainpro+ credits in both official languages.

We accredited 8 programs and 61 sessions, for a total of over 150 Mainpro+ credits all over the province.

AWARD WINNERS

The NBCFP Awards recognize members, residents, and family medicine students who, in the last few years, have made outstanding contribution to one or more areas of family medicine.

FAMILY PHYSICIAN OF THE YEAR

Dr. CHANTAL ARSENAULT



Originally from Dieppe, Dr. Chantal Arsenault did her Family Medicine residency at Laval University in 1990. Over the years, she practiced in a private office, in the emergency room and as a hospitalist at the Dr. Georges-L.-Dumont University Hospital Centre. She was clinical professor, teaching psychiatry at the Centre de formation médicale du Nouveau-Brunswick at the Université de Sherbrooke, and even starred in an educational film to illustrate personality disorders. She was also a speaker on osteoporosis and mental health, a health columnist for the program *Les Éclaireurs* on Radio-Canada National radio, host of meetings with authors at the Fire Literary Festival in Moncton and Chair of the Dr. Georges-L.-Dumont University Hospital's Physician's Public Relation Committee, where she was also the founder and director of the Physician's Choir.

Passionate about music, she recorded an art-jazz-pop album, *Une virgule*, as a singer-songwriter. As she approaches her last years of private practice, after experiencing the digitization of the medical records of her 2000 patients at the age of 55, Dr. Arsenault still cultivates a passion for the therapeutic relations she has with her patients. She further avoids crumbling under the weight of bureaucracy that the pandemic has unmasked further by "choosing carefully" resilience, creativity, and gratitude.



AWARD OF EXCELLENCE **Dr. FRANCOIS D. SWART**

Dr. Francois Swart received his bachelor of medicine, bachelor of surgery in 1991 from the University of Pretoria in South Africa. He practiced in Ermelo, South Africa, from 1996 to 2015, before settling in Miramichi. Dr. Swart is a Member-at-Large for the local Medical Advisory Committee in Miramichi. He also has held positions on the Credentials Committee and the Medication Incident Variance Committee at Miramichi Regional Hospital since 2021. Dr. Swart volunteered to be a beta-tester for the Electronic Health Record System (EHR) Profile and regularly advocates for enhancing the EHR capabilities in order to provide physicians with a better patient care resource.

In response to COVID-19 pandemic, Dr. Swart volunteered to work in the Miramichi Hospital COVID unit (4 West), even when staffing was at its lowest. Dr. Swart is dedicated to continuing medical education, regularly inviting Longitudinal Integrated Clerkship medical students to sessions where he teaches unique clinical concepts.



FAMILY MEDICINE TEACHER OF THE YEAR **Dr. CHRIS MARTIN**

Dr. Chris Martin received his bachelor of science from Mount Allison University in 2005 completed his doctorate in medicine at Dalhousie University in 2010, and his family medicine residency at the Saint John Regional Hospital in 2012. Dr. Martin took over his father's practice in Miramichi 10 years ago and has been practicing there since. With a passion for teaching, Dr. Martin became a preceptor for family medicine/emergency medicine and family medicine residency programs at Dalhousie University in 2014. Since 2016, he has also supervised medical students in the The Longitudinal Integrated Clerkship Dalhousie (LICD) program. He is currently an assistant professor at Dalhousie University. His former students and residents describe him as "engaging, empathetic,

and collaborative." Dr. Martin is currently working at developing a family medicine residence program in the Miramichi region. Dr. Martin and his wife, Kathleen, are the parents of three girls - Renee, Cameron, and Penelope.



Dr. SHARON NORTHORP AWARD **Dr. ANNE-RENÉE LAGACÉ**

Born in Petit-Rocher, Dr. Lagacé graduated from the Université de Montreal in 2007 and completed her Family Medicine residency at the Moncton Family Medicine Unit in 2009. Based in Bathurst and practicing at the Nepisiguit Medical Clinic since 2009, she has a passion for obstetrics, which occupies a large space in her practice. Dr Lagacé is also the local OBS/Mother-Child Division of the Acadie-Bathurst Zone since 2020. The openness, listening, empathy and great gentleness skills she demonstrates are at the heart of the care she provides, and it is these human values that Dr. Lagacé tries to transmit to the students and residents she has under her wing. The birth of a child is an unforgettable event, and Dr. Lagacé has left her mark on all families who cross her path. She and her husband Patrick are parents of two children: Léane and Félix.

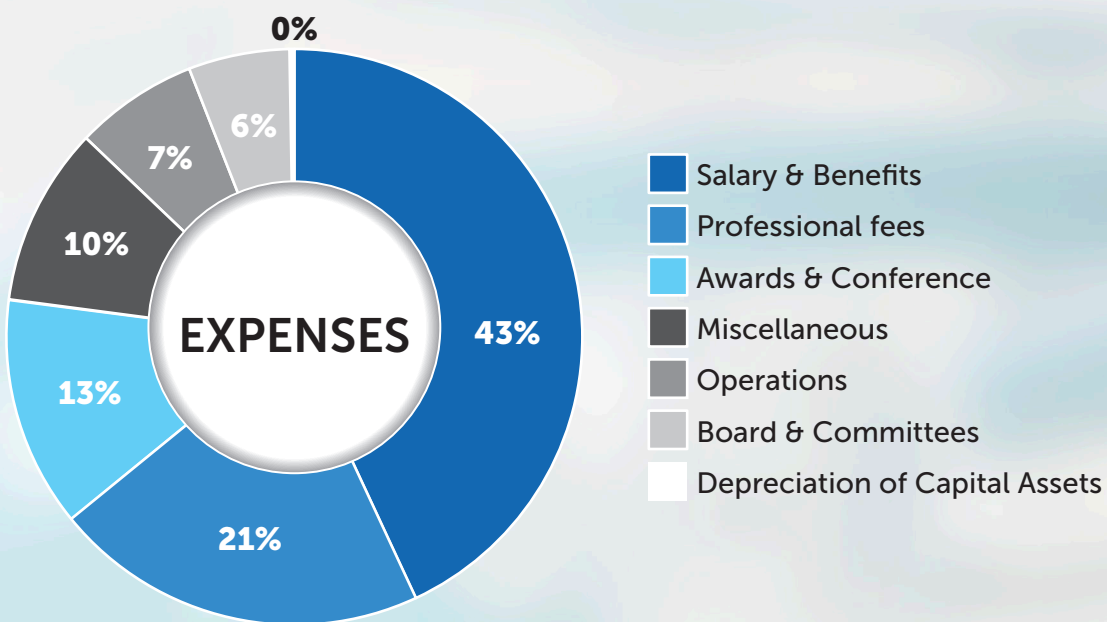
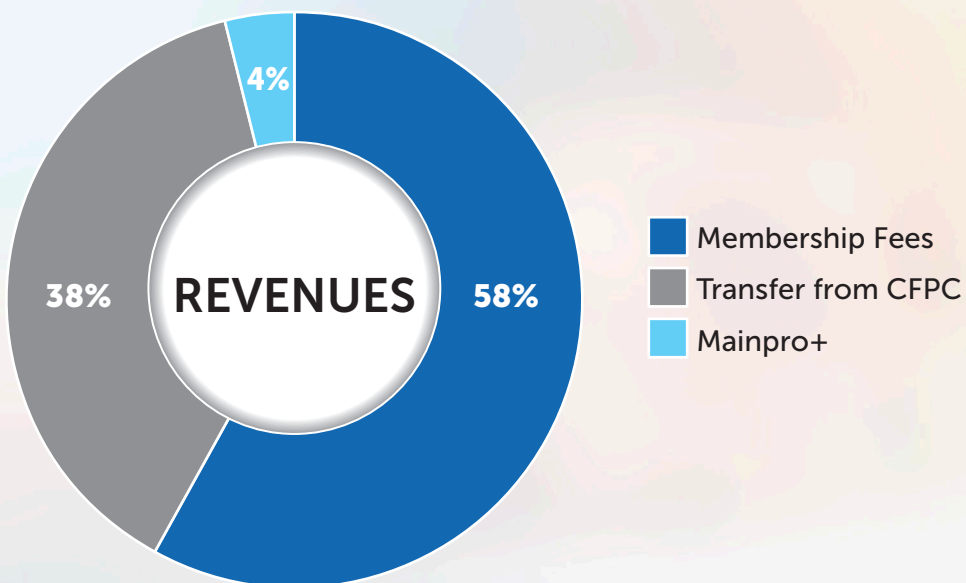


STUDENT LEADERSHIP "RISING STAR" AWARD **JESSICA VANDERBORRE**

Originally from Fredericton, Jessica Vandendorre is currently completing her doctorate in medicine at the Université de Sherbrooke and will begin her residency in family medicine at McGill University in July. During her "predoc", she was involved in the student association, the Canadian Federation of Medical Students, and founded the Global Health Interest Group of the Centre de formation médicale du Nouveau-Brunswick. Jessica now aims to do her residency in family medicine in order to practice general medicine with particular interests in obstetrics and addictology. She values multidisciplinary work and patient-centred medicine and wants to return to New Brunswick to contribute to the innovations in primary care.

FINANCES

The Board of directors of the NBCFP is pleased to provide members with this financial report based on the NBCFP's audited financial statements for the fiscal year 2021, which ended December 31, 2021. The audit was conducted by Grant Thornton LLP.



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